

**HEALTH HISTORY FORM**

***For Your Information:***

An accurate health history is important to ensure that it is safe for you to receive a treatment. If your health status changes in the future, please let us know. All information gathered for this treatment is confidential except as required or allowed by law or to facilitate diagnosis (assessment) or treatment. You will be asked to provide written authorization for release of any information.

Name: \_\_\_\_\_ Preferred Name (if any): \_\_\_\_\_

Address: \_\_\_\_\_ Today's Date: \_\_\_\_\_

City: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Telephone Number (Home): \_\_\_\_\_ (Work): \_\_\_\_\_ (Cell): \_\_\_\_\_

E-mail Address: \_\_\_\_\_

Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_ Gender: M / F Occupation: \_\_\_\_\_  
Month Day Year

Primary Care Physician: \_\_\_\_\_ Address: \_\_\_\_\_

Previous Chiro / Physio / Massage Care: \_\_\_\_\_ Last seen: \_\_\_\_\_

For what condition: \_\_\_\_\_ Results: \_\_\_\_\_

MVA or WSIB Claim number: \_\_\_\_\_

**Health History:** please indicate conditions you are experiencing, or have experience.

**Respiratory**

- chronic cough
- shortness of breath
- bronchitis
- asthma
- emphysema
- other \_\_\_\_\_

**Cardiovascular**

- high blood pressure
- low blood pressure
- CCHF
- heart attack
- phlebitis
- stroke/CVA
- pacemaker or similar device
- other \_\_\_\_\_

**Family History**

- arthritis
- cancer
- diabetes
- heart disease/stroke

**Other Conditions**

- diabetes: onset \_\_\_\_\_
- allergies \_\_\_\_\_
- cancer
- arthritis
- migraines &/or headaches
- loss of sensation
- vision problems
- vision loss
- ear problems
- hearing loss
- skin conditions
- hepatitis
- TB
- HIV
- other \_\_\_\_\_

**Cigarette/Tobacco**

- Consumption**
- yes - amount \_\_\_\_/day
  - no

**Women**

- pregnant:- due: \_\_\_\_\_

**Soft Tissue/Joint Discomfort**

- neck
- low back
- mid back
- upper back
- shoulders
- arms
- hands
- hips
- legs
- knees
- feet
- other \_\_\_\_\_

**Rate your General Health**

- above average
- average
- below average

Are you currently taking any medications? \_\_\_\_\_

What is your **Current complaint?** \_\_\_\_\_

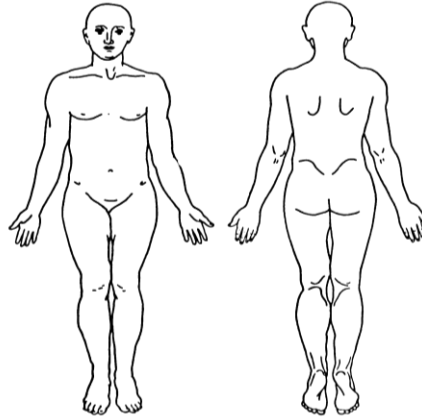
Has this condition occurred before? Yes/No

When did this condition begin? \_\_\_\_\_

Is the condition:  Job-related  Auto-related  
 Fall  Home Injury  Other: \_\_\_\_\_

Date of Accident: \_\_\_\_\_

What happened? \_\_\_\_\_



Please mark on the diagram the area of your discomfort and any radiation of pain.

**Circle the grade to indicate the severity of your pain:**

LEAST 0    1    2    3    4    5    6    7    8    9    10    WORST

Have you gone for any x-rays, ultrasounds, MRI's etc. for **this injury/problem?** YES / NO

If YES, where? \_\_\_\_\_ and approximately when? \_\_\_\_\_

Surgeries/Major Injuries (Nature/Date): \_\_\_\_\_

Presence of internal pins, wires, artificial joints, special equipment, etc. \_\_\_\_\_

What aggravates your condition?  Sitting  Standing  Bending  Lifting  Walking  
 Lying Dow  Cold  Dampness  Other: \_\_\_\_\_

What relieves your condition?  Bed Rest  Ice  Heat  Massage  Medication  
 Other: \_\_\_\_\_

Is it getting:  Worse  Constant  Comes/Goes  Better

Character of Pain:  Sharp  Dull  Ache  Pins & Needles  Numb  
 Burning  Intermittent  Constant

Does the pain radiate anywhere?  No  Arm (L or R)  Leg (L or R)  Other: \_\_\_\_\_

When does it hurt?  Morning  Evening  wakes me up at night  Other: \_\_\_\_\_

Please describe how it feels when this problem is at its worse: \_\_\_\_\_

**How did you hear about Binbrook Family Chiropractic?**  Referral from Doctor  Friend/Patient

Sign  Flyer/Advertisement  Other: \_\_\_\_\_