

HEALTH HISTORY FORM

For Your Information:

An accurate health history is important to ensure that it is safe for you to receive a treatment. If your health status changes in the future, please let us know. All information gathered for this treatment is confidential except as required or allowed by law or to facilitate diagnosis (assessment) or treatment. You will be asked to provide written authorization for release of any information.

Name: _____ Preferred Name (if any): _____

Address: _____ Today's Date: _____

City: _____ Postal Code: _____

Telephone Number (Home): _____ (Work): _____ (Cell): _____

E-mail Address: _____

Date of Birth: ____/____/____ Gender: M / F Occupation: _____
Month Day Year

Primary Care Physician: _____ Address: _____

Previous Chiro / Physio / Massage Care: _____ Last seen: _____

For what condition: _____ Results: _____

MVA or WSIB Claim number: _____

Health History: please indicate conditions you are experiencing, or have experience.

Respiratory

- chronic cough
- shortness of breath
- bronchitis
- asthma
- emphysema
- other _____

Cardiovascular

- high blood pressure
- low blood pressure
- CCHF
- heart attack
- phlebitis
- stroke/CVA
- pacemaker or similar device
- other _____

Family History

- arthritis
- cancer
- diabetes
- heart disease/stroke

Other Conditions

- diabetes: onset _____
- allergies _____
- cancer
- arthritis
- migraines &/or headaches
- loss of sensation
- vision problems
- vision loss
- ear problems
- hearing loss
- skin conditions
- hepatitis
- TB
- HIV
- other _____

Cigarette/Tobacco Consumption

- yes - amount ____/day
- no

Women

- pregnant:- due: _____

Soft Tissue/Joint Discomfort

- neck
- low back
- mid back
- upper back
- shoulders
- arms
- hands
- hips
- legs
- knees
- feet
- other _____

Rate your General Health

- above average
- average
- below average

Are you currently taking any medications? _____

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What is your **Current complaint?** _____

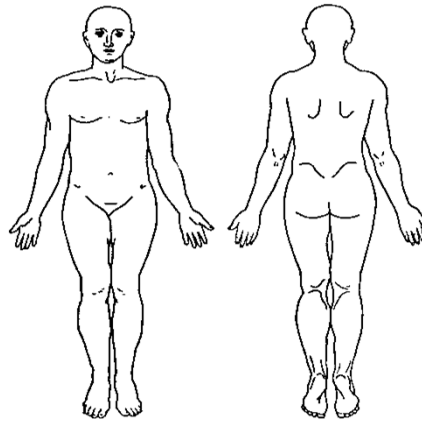
Has this condition occurred before? Yes/No

When did this condition begin? _____

Is the condition: Job-related Auto-related
 Fall Home Injury Other: _____

Date of Accident: _____

What happened? _____



Please mark on the diagram the area of your discomfort and any radiation of pain.

Circle the grade to indicate the severity of your pain:

LEAST 0 1 2 3 4 5 6 7 8 9 10 WORST

Have you gone for any x-rays, ultrasounds, MRI's etc. for **this injury/problem?** YES / NO

If YES, where? _____ and approximately when? _____

Surgeries/Major Injuries (Nature/Date): _____

Presence of internal pins, wires, artificial joints, special equipment, etc. _____

What aggravates your condition? Sitting Standing Bending Lifting Walking
 Lying Dow Cold Dampness Other: _____

What relieves your condition? Bed Rest Ice Heat Massage Medication
 Other: _____

Is it getting: Worse Constant Comes/Goes Better

Character of Pain: Sharp Dull Ache Pins & Needles Numb
 Burning Intermittent Constant

Does the pain radiate anywhere? No Arm (L or R) Leg (L or R) Other: _____

When does it hurt? Morning Evening wakes me up at night Other: _____

Please describe how it feels when this problem is at its worse: _____

How did you hear about Binbrook Family Chiropractic? Referral from Doctor Friend/Patient Sign Flyer/Advertisement Other: _____